

Youth Leadership Seminar



Youth Leadership Seminar 2011 Group Photo.

In 2012, we will hold 2 Youth Leadership Seminar, in Panamá and Chiriquí. We will invite over 90 youth from all over Panama to participate.



Youth completing their 'Pasos al Futuro' workbook, 2011, Coclé.

Working with Youth

The problems that affect the Panamanian youth population are similar everywhere: de-structured families, precarious economic conditions, unemployment, discrimination, few activities or opportunities for free-time, lack of computer skills and other key skills to gaining access to employment.

The attainment of leadership skills to create and implement community projects can greatly improve the quality of their lives and the lives of their communities.



A youth leader on a visit to Bocas Del Toro to learn how to make chocolate with her volunteer. She will then return to her community to teach her youth group how to process, market and sell their cacao.

Peace Corps Volunteers bring youth who they recognize as future community leaders to the seminar where they participate in various sessions which offer them skills and tools to make healthy life decisions including but not limited to:

- Self-Image & Self- Esteem
- Prioritizing Values
- Setting Goals
- Project Design & Management
- Violence Prevention & Conflict Resolution
- Sexual/ Reproductive Education
- Computer Classes & Resume Writing

After attending the seminar, the youth return to their communities and share with others the knowledge they gained at camp. They also work with the volunteer in their community to realize a community project. Examples of these projects include: community clean-ups, sports clubs, health fairs, mini-camps, and recycled art projects among others.



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